

# THE SARASOTA BREEZE



**THE MILITARY OFFICERS ASSOCIATION OF SARASOTA, INC.**

An Affiliate of The Military Officers Association of America-MOAA and The Florida Council of Chapters

**MOAA 4-Star Chapter 2003 & 2007; 5 Star Chapter 2004-2006, 2008, 2009 & 2010;**  
**Vol XXII No 11 Best Newsletter 2007& 2010; 1st Runner Up 2008; 2nd Runner Up 2009 Nov. 2011**

## ***OCTOBER PROGRAM: NORMAL MEMORY AND AGING***

*by Linda Gould*

The October luncheon had a terrific subject and very dynamic speaker -- if I could just remember what and who it was! Oh wait; here is my note to myself to remind me what I am supposed to be writing about -- Memory! Ms. Kathleen Houseweart, the Manager of Geriatric Services and Coordinator of the Memory Disorder Clinic at Sarasota Memorial Hospital was an excellent speaker who gave us a lot of very useful information in a short amount of time. She enhanced our knowledge of the normal aging process and how it impacts our brain function and memory, a look at what is normal, and things we can look for as triggers that there might be a problem.

It is always good to know that changes in our memory are indeed normal. What was interesting to learn were the different ways our memory function could be affected; medication, depression, stress, diet and exercise -- all areas that we can directly affect in order to improve or maintain our memory processes. Of particular interest was the discussion on medication, and the need for us to periodically review our medications with our doctors to ensure they are still necessary, and highlight those that impact memory loss as we age.

Ms. Houseweart's passion for her work and sincere desire to impart knowledge to as many people as possible were clearly obvious. Her sense of humor shone through as she discussed the #1 Risk Factor for changes in memory...Birthdays! It was also gratifying to know that we all live in an area where there are so many different resources to tap into for help in the event that we need some assistance, like the Memory Disorders Clinic here in Sarasota.

An electronic copy of Ms. Houseweart's presentation outline can be downloaded from our website at [http://sarasotamoaa.com/items\\_of\\_interest.htm](http://sarasotamoaa.com/items_of_interest.htm).



## ***NOVEMBER PROGRAM: ANNUAL MEETING & AMBASSADOR DELL DAILEY***

*by Vic Reiling*

The November luncheon program will be a combination of chapter business -- the election of 2012 chapter officers -- and the opportunity to listen to a most interesting speaker. Ambassador Dell Dailey, who has spent many years helping to counter terrorism, will give us an inside look of what has happened and what might occur in the future.

Prior to his current private sector activities, he served as Coordinator for Counterterrorism for the Department of State and was the principal advisor to the Secretary of State (both Rice and Clinton).

A West Point graduate ('71), Dailey's military record features key assignments including Commander of the Joint Special Operations Command (2000-2003), and Director of the Center for Special Operations, United States Special Operations Command (2004-2007). In these positions he led American special operations missions in 80 countries, including Iraq and Afghanistan. He retired after 36 years service as a Lt General. A Master Army Aviator with 2400 hours of flight time, he is the youngest USMA "Distinguished Graduate." In 2010 LTG Dailey was inducted into the US Army Aviation Hall of Fame.

We look forward to an outstanding talk by a truly accomplished American.

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Visit the Breeze in color on our website <http://www.sarasotamoaa.com>

**Chapter Officers, Directors and Committees****Board of Directors**

President	John O'Brien	907-8891
First Vice President	Troy Scott	379-3023
Second Vice President	Victor G. Reiling Jr.	377-1262
Treasurer	Donald M. Kuyper	726-5790
Secretary	Janice Sladzinski	228-9301
Director (Scholarships)	Claire M. Power	921-1931
Director (Membership)	George Tracy	907-9865
Director (Publicity)	Alan Forrester	504-5759
Immediate Past President	Len Friedlander	927-0996

**Board Staff**

Program Planning	Victor G. Reiling Jr.	377-1262
Membership Database Mgr.	George Tracy	907-9865
Membership Directory Mgr.	Len Friedlander	927-0996
Chaplain	Charles Caudill	751-3810
Legislative Affairs	Len Friedlander	927-0996
Veterans Affairs	Patricia McClain	371-0883
Treasurer Emeritus	Marty Hertz	377-8319
Historian	Janice Sladzinski	228-9301
Awards Board	Gerald Crawford	426-2411

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Chairperson	Claire M. Power	921-1931
Member	Kay Tracy	907-9865
Member	Carol O'Brien	907-8891
Member	Mike Staley	752-4086

**Scheduled Events Committee**

Chair/Reservations	Elke Scott	379-3023
Greeter	Troy Scott	379-3023
Reception Manager	Pat McLain	371-0883
Asst. Reception Manager	June Moore	388-3118
50-50 Managers	Christa Friedlander	927-0996
	Mary LaFollette	755-9019

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Chairperson	Charles Caudill	751-3810
Member	Margaret Platt	378-8863
Member	Lee Kichen	355-1227

**Auxiliary**

Chairperson	Barbara Hamilton	921-9250
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**Social Club YAHOO (Young At Heart Officers Org)**

Manager	John O'Brien	907-8891
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MOAS Singles Group	Marguerite Taylor	923-9238
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**Support Our Troops Program**

Program Co-Chairpersons	Jim & Joyce Hesson	926-8702
Program Co-Chairpersons	Donald and Rita Cunningham	351-8967
Program Co-Chairpersons	John & Carol O'Brien	907-8891

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The Sarasota Breeze  
Published Monthly by  
The Military Officers Association of Sarasota, Inc.  
P.O. Box 1016, Sarasota, FL 34230-1016

Printed by  
**Spotlight  
Graphics**  
6054 Clark Center Ave,  
Sarasota, FL 34238  
[www.spotlightgraphics.com](http://www.spotlightgraphics.com)

**PRESIDENT'S MESSAGE***John O'Brien*

This is an important issue of the Breeze because November is our Chapter's Annual Business Meeting. This is the meeting when we elect our Board for 2012. The 2012 Nominating Committee of Claire Powers, Carol O'Brien and Chaired by BG Jim Hessen has put forward their proposed nominees and they are published in this edition. We are fortunate to have a great group of experienced volunteers who will serve our Chapter well for 2012. Please come to the luncheon to show your support and vote for our 2012 Board.

Oct 27/29 Carol and I will be in San Antonio, TX for the MOAA National meeting. Our Chapter will be receiving the highest recognition MOAA gives a Chapter, a 5 Star Level of Excellence banner for our Chapter flag. These awards are received for meeting goals in multiple areas such as the quality of this Breeze newsletter and our Web Site. They also look at membership enrollment, activities, scholarships, and Support Our Troops Programs, etc. None of what our Chapter does to win this recognition happens in a vacuum or is done just with the Board. No way! You and your dependable hard working fellow members, mostly auxiliary, make it work, and they are fantastic. The luncheons may look like a routine affair, but with a few routine omissions it would not be so pretty.

Our joint September Luncheon signed up 176 attendees due to the high visibility in having VADM Ryan, and his wife Judy here. We had visitors from Naples to the Space Coast. VADM Ryan truly exemplifies MOAA's commitment to the Active and Retired communities.

After the luncheon I received a hand written note from the VADM thanking all of us for our hospitality and congratulating us on what a great Chapter we have. I also received several notes from attending Chapters specifically complimenting us on our membership and how well organized we are.

November brings Thanksgiving, a time to reflect on what is important in our lives. How about starting with you live in Sarasota AND you are a YAHOO? Also you might want to remember we are still in the best country in the world; people are still trying to get in, not out. We should give thanks for the Troops and their families who serve this country; and the MOAS friends we have lost, always thankful for having had them in our lives. Carol and I wish you a wonderful Thanksgiving with family and friends. We will be in Pittsburgh with our daughter's family; unfortunately our son will be in Kuwait with his fellow soldiers. Thanks for your support through 2011.





**SECRETARY'S CORNER**

*Janice Sladzinski*

The Board meeting was called to order at 1600 hours on 3 October 2011 at the Meadows Community Center, President John O'Brien presiding.

**ATTENDANCE:**

*Board Members Present:* John O'Brien (Pres), Troy Scott (1VP), Don Kuyper (Treas), Janice Sladzinski (Sec'y), Len Friedlander (IPP), Claire Powers (Dir), Alan Forrester (Dir)  
*Board Members Absent:* Vic Reiling (2VP), George Tracy (Dir)  
*Committee Members & Visitors Present:* Pat McLain, Barbara Hamilton, Max Jonah, Jon Gordon

**PRESIDENT'S REPORT:** Len Friedlander has been appointed Florida Council of Chapters VP Southwest Area effective Nov 1.

**BOARD MEETINGS AND LUNCHEONS**

MONTH	BOARD MEETINGS	LUNCHEON
NOVEMBER	7	18
DECEMBER	5	11 (Gala)
JANUARY	3	20
FEBRUARY	6	17

**SECRETARY'S REPORT:** The minutes from the September 2011 Board Meeting, as published in the Breeze, was approved.

**TREASURER'S REPORT:** As of 30 September 2011:  
 The balance in the MOAS Operating Fund is: \$ 5,597.73  
 The balance in the Scholarship Fund is: \$23,166.63  
 (This includes \$5,099.73 in Special Accounts (Support Our Troops and Taylor Funds))

**OLD BUSINESS:** A flyer advertising the Annual Gala on December 11, 2011 will be inserted in the November Breeze.

**COMMITTEE REPORTS:**

**Scheduled Events (Elke Scott):** The 16 September 2011 luncheon had a profit of \$242.00 with 166 in attendance. Scholarships received \$106.00 from 50/50.

**Newsletter (Friedlander):** The committee is exploring the possibility of sending the newsletter electronically in the future to those who prefer to receive it instead of paper.

**Scholarships & Projects (Claire Power)** The Scholarship committee is being restructured. There are currently two vacant positions to be filled on the committee.

**Support Our Troops (John O'Brien):** This continues to be a busy and successful time for mailings.

**Programs (Vic Reiling)**

PROGRAMS	
NOVEMBER '11	Annual Meeting
DECEMBER '11	GALA
JANUARY '12	Circus Sarasota
FEBRUARY '12	Sarasota Opera
MARCH '12	TBD
APRIL '12	Booker VPA

**Sarasota County Veterans Commission (Pat McLain):** The Veterans Stand Down will be on November 5<sup>th</sup> at the Manatee County Fairgrounds. Anyone wishing to volunteer should contact Andy Hooker at [andyhooker1@aol.com](mailto:andyhooker1@aol.com).

**Auxiliary (Barbara Hamilton):** A list of MOAA publications on Veterans Benefits will be available at the luncheons, and upon request.

**Membership (George Tracy):** Membership renewal notices will be going out. Those who have email addresses will receive notification electronically.

**MEMBERSHIP**

MOAS	2010	2011
REGULAR	342	339
AUXILIARY	96	103
ALLIED	4	4
TOTAL	442	446

**NEW BUSINESS.** The 2013 MOAA Florida Chapter convention will be held in Sarasota and planning will begin soon.

**NEXT MEETING.** The Board adjourned at 1730 hours. The next Board meeting will be on 7 November 2011 at 1600 hours in the Meadows Community Center.





## LEGISLATIVE UPDATE

*Len Friedlander*

### More TRICARE Fee Increases

The Department of Defense (DoD), which has been pushing for TRICARE fee increases for nearly a year, has announced a TRICARE Prime fee increase, and proposed a TRICARE For Life (TFL) annual fee and a new TRICARE prescription co-pay structure.

DoD announced that Military retirees enrolling in the TRICARE Prime health plan after Oct. 1 will begin paying slightly higher annual fees. The fee change for fiscal 2012 means the plan will cost \$260 per year for members and \$520 per year for members and family. The increase amounts to an additional \$2.50 per month for individual members and \$5 per month for members and family. Active-duty service members receive health care with no out-of-pocket costs. Annual fees for retirees enrolled in TRICARE Prime before the Oct. 1 change will not change until Oct. 1, 2012.

At the same time, DoD proposed a brand new \$200 per person annual fee for TFL. If adopted, this new enrollment fee would be charged beginning in 2013, and it would gradually increase. The proposal purportedly would save \$6.7B over 10 years.

The administration also proposed a new TRICARE prescription medication co-pay structure in which co-pays would increase based on a percentage formula tied to government costs. According to reports, generic drugs at retail would be set at 10% of the DoD's cost for the medicine and this would climb to 20% after 2013. Co-pays for brand names would start at 15% of cost and be raised to 30% over an as yet unspecified period.

### Military Retirement System Changes?

Included in the President's deficit reduction plan unveiled in September are plans to re-examine the military retirement system, calling the current 20-year requirement out of line with most other government or private retirement plans. The plan calls for creating a commission, similar to the controversial 2005 Base Realignment and Closure commission, to look at broad reforms to the retirement system. It specifically takes aim at the idea that troops must remain in the military for 20 years to receive any retirement benefits, giving 'generous' benefits to the relatively few members who stay.

The Defense Business Board outlined similar plans to changing how military retirees are paid, abandoning the 20-year service target. In that proposal, the board recommended a 401(k) style plan which would

allow partial payout for troops who served as little as 10 years. Officials said the change was designed both to provide a more equitable distribution of retirement funds and save money long term. The White House did not specify how much changes in the military retirement system could save long term.

The White House plan notes that any major military retirement reforms should include grandfathering provisions that ensure that the country does not break faith with military personnel now serving.

Congress must adopt the new White House idea before work would begin. Under the rules laid out by President Obama, both the White House and Congress would have to approve the commission's final report without changes before it could become law.

Veterans groups blasted the proposal, in part because they believe changes would reduce the benefits for those currently on track to retire after 20 years or more. To send an editable message to your elected officials noting your displeasure with the plan go to <http://capwiz.com/moaa/issues/alert/?alertid=53748506&PROCESS=Take+Action>.

### Defense Cuts to Fund VA

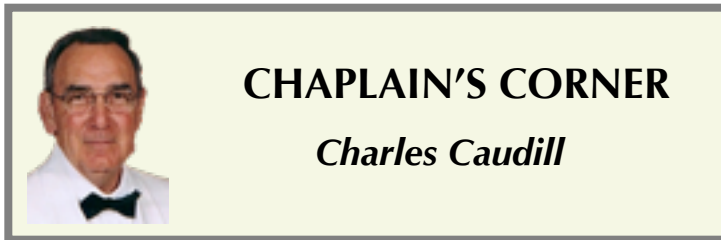
The White House directed the Pentagon to reduce its 10-year budget by another \$25 billion to protect VA medical funding from deep cuts in the future. The Budget Control Act, which caps FY2012 & 2013 spending for the DoD, State Department, VA, and Department of Homeland Security, is the source of tension between Defense spending and Veterans Benefits.

In a hopeful sign, the White House seems to be supporting spending to support current disabled veterans. The President's veterans' healthcare budget request for next year is \$52.6 billion, increasing to \$60 billion by 2016.

### House Passes Veterans' Jobs Bill

The House of Representatives on Oct 12<sup>th</sup> overwhelmingly passed the Veterans Opportunity to Work Act (VOW), which had the solid support of the country's veterans' service organizations. The Senate will now take up the bill, where the leadership of the veterans affairs committee indicated it would have their support.

The VOW Act would boost transition assistance for service members and improve job protection laws for National Guard members and Reservists. It will also create a new job-training program for older veterans.



## CHAPLAIN'S CORNER

*Charles Caudill*

### Inheritance of Honor

I am getting more interested in the inheritance I will leave my children more than ever before. How will I be remembered? It was brought to my attention afresh when I traveled outside of Lexington VA and saw the large stone brought from Texas to mark the birthplace of Sam Houston. In 1986, while as I was serving as the Chaplain at the



Virginia Military Institute I was honored to participate in two very memorable occasions. One of these was the dedication of the Sam Houston marker honoring his birthplace, and the other was the 45<sup>th</sup> reunion of the VMI Class of 1941.

The Sam Houston dedication was attended by members of the Houston Family, Senators from Texas and the Superintendent of the Virginia Military Institute. All spoke of the greatness of Sam Houston and how his life had affected so many.

Reading Sam Houston's autobiography, *The Raven*, impressed me with his life. He was born on March 2, 1793 at Timber Ridge in the Shenandoah Valley. His great grandfather had migrated from Scotland through Ulster, Ireland in 1735. The Houston family built a little stone church and school by putting sand in saddlebags and carrying them from the river to Timber Ridge so the men could mix the mortar. This was where Sam Houston began his education.

When he was 16 years old he left school to join the Army. In 1813 when he was 20, his mother put a gold ring on his finger, gave him a musket and said: "My son, take this musket and never disgrace it, for remember I would rather all my sons should fill an honorable grave than that one of them turn his back to save his life. Go and remember too that while the door to my cabin is open to brave men it is eternally shut against cowards."

Sam Houston went on to become President of the Republic of Texas, U.S. Senator for Texas, Governor of Texas, and Governor of Tennessee. It wasn't until General Houston lay in his casket that his wife reached down and removed the ring his mother had placed there fifty years earlier. She held it up for all the children to see and the word "Honor" was engraved inside.

The 45<sup>th</sup> reunion of VMI Class of 1941 was held in the cadet chapel where they had originally received their diplomas. This class had become my heroes and I stood humbled before them. I wanted them to know that I had received their heritage of honor as a young boy. This class of 1941 received their diplomas in the chapel and ten minutes later were sworn in as military officers to go to war. Nineteen of them died on the fields of honor and five others died shortly afterward from their wounds.

I looked into the eyes of men who had received various awards including The Distinguished Service Cross, foreign government awards, and Purple Hearts. Some had been prisoners of war, many received awards from industries and institutions and they continued to leave a legacy of honor. I now stand before them at their funerals and salute them.

It isn't too late for any of us to ask what we are leaving our children and grandchildren. Honor is extremely important to leave as our inheritance!



**Our Birthday celebrants from left to right: Alan Forrester, Gayle Maxey, Betty Stokes, Patricia Fitzgerald, Cliff Berman, Lynn Gould, David Gold, & Thomas Quigley. Addie Koch's picture was inserted as she couldn't make it to the group.**



**YAHOO**  
**Young at Heart Officers Organization**  
*John O'Brien*

To everyone's great disappointment, we did not get a Troy Scott lederhosen Oktoberfest Party leg shot. So while we do not have that keepsake center fold picture, we YAHOOs did enjoy great German food on a beautiful Florida evening by the pool. Florida weather at its best. A big thanks to the Scotts, Friedlanders and Barney for a great party with friends.

November will be kayaking at the Sister Keys with lunch for kayakers and non-kayakers at Mar Vista.

Of course December will be THE Army/Navy game at the Doveners, followed the next day with the Military Gala.



### November 8 – Kayaking @ Sister Keys

Ray Day has volunteered to sponsor another Kayak trip with professional guide John Sarkozy on Tuesday, November 8<sup>th</sup>. The cost for the YAHOOs is still only \$25 per person, which includes the kayak and all necessary equipment (paddle, seat, life vest and a whistle). We will paddle around the Sister Keys and then, for those who wish, have a cold beer & lunch at the Mar Vista restaurant. John Sarkozy suggested that we meet at the launch point at

0830 to have all our kayaks in the water by 0900. We will paddle until



approximately 1200 hrs. In grand YAHOO style, Ray will coordinate with the manager of the Mar Vista, regarding using the restaurant's parking area while we are kayaking. The Sister Keys are located on the north end of Longboat Key, about 10 miles north of St. Armand Circle. Ray has

maps to help people find the launch point which will be provided to those who sign-up for the trip. Our guide has only 13 kayaks available for this trip (both singles and doubles), so if you are interested please contact Ray @ (941) 927-0398 to have your name placed on the reservation list on a "first come-first serve" basis. Please send your payment check to Ray at 5533 Ashley Parkway, Sarasota, FL 34241. Ray consolidates individual payments and reimburses John Sarkozy with a single check the day of the outing.

Participants are reminded to have adequate head covering, sunglasses, sunscreen, footwear and drinking water. The kayaks have a small storage compartment in the hull that can hold a small insulated container for additional drinks, snacks and shark repellent. We will take a stretch break halfway through the outing. This is easy kayaking; it should be an enjoyable outing even for those who haven't been kayaking before. Non-kayakers invited to meet at Mar Vista.

### December 10 - Army/Navy Game

#### Attendance Limited to 30

The 2011 YAHOO Army/Navy game party is on Saturday, December 10<sup>th</sup>, sponsored by Joe & Nicky Doveners. This year there will not be the customary meal with chili, hamburgers, chicken etc. Instead they are asking people to bring a dessert or a small platter of hearty appetizers such as wings, meat platter, steamed lobster, standing rib, cheese, sandwiches, a roasted pig, spring rolls, shrimp, fruit, etc. that can

be purchased or made yourself. It's BYOB this year. Joe & Nicky will provide plates, utensils, cups, ice, soda and water. Please RSVP by December 4<sup>th</sup> by calling Carol

O'Brien

@907-8891 or email at cobrienvt@aol.com. Participation is limited to 30 people.

The Doveners reside at 7515 Rigby Court, Lakewood Ranch FL 34202 **BUT** do not use your GPS. It will take you to a transponder only gate and you will not get out before April taxes are due. **Directions:** I-75, Exit 213 onto University Blvd; east for 4 traffic lights, then turn left onto Legacy Blvd – Lakewood Ranch Country Club. If you can get past the gate guard, continue on Legacy until it ends at the second stop sign. Turn left and at ¼ mile turn left on Blythefield, then left on Rigby. The pre-game festivities will start at 2PM, with kickoff at 2:30 PM.



**CONTINUED ON NEXT PAGE**



**YAHOO**  
Young at Heart Officers Organization  
*John O'Brien*

**January 31, 2012 - HOCKEY -  
Tampa Bay Lightning**

A special Yahoo event is scheduled for Tuesday, 31 January 2012 at the St Pete Times Forum in Tampa. Hockey and YAHOOing just go together! We have scheduled a group event for the Tampa Bay Lightning versus the Washington Capitals, with a snow ball fight.

The event will feature hamburgers, hot dogs, munchies, beer, wine, soda, and water- as much as you can handle - all through the 2<sup>nd</sup> Period, and includes a ticket to the game for only \$43.00 per person. We need to have at least 20



attendees to get this group rate. We are encouraging car-pooling, parking at the Forum costs \$15.00/car. Please call Troy Scott, 379-3023 to reserve a spot, and send a check by 18 January 2012 so we can finalize arrangements.



**Addie Koch, celebrating her birthday,  
& her guest Evelyn Bugbee**



**VPA UPDATE**

*Pat McClain*

**November 3 - Guitar/Piano Recital - 7:30 PM**

**November 17, 18, & 19 -**

**Fall Dance Performance**

**7:00 PM**

Adults \$15; Seniors \$10; Students \$5

Tickets – Judy Piercy 355-2967

**November 21 - VPA Music Recital - 7:30 PM**

**December 1 - TV/Film Showcase - 7:00 PM**

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**The Southwest Florida  
Blue Star Mothers Chapter FL4  
Supports Wreaths Across America**

Wreaths Across America started in 1992 when the Worchester Wreath Company donated 5000 wreaths to Arlington National Cemetery for display at our honored Veteran's gravesites. To date 360 Cemeteries participate in the event each year.

The wreaths are approximately 22 inches across and are made from live greens. This year the Sarasota National Cemetery will conduct the "Wreath Laying" ceremony on December 11<sup>th</sup>, 2011. Time to be determined.

You can sponsor a wreath to be placed on an honored Veteran's gravesite at the Sarasota National Cemetery by donating \$15.00.

You may mail a check along with a donation form as follows:

**Make check payable to:**

SWF Blue Star Mothers FL4

**Mail to:**

SWF Blue Star Mothers FL4 P.O. Box 51702

Sarasota, FL 34232

For larger donations please contact

Linda Atkins at 941-456-1920 or

Susan Chandler 941-812-1551

# MOAS ANNUAL BUSINESS MEETING

The Annual MOAS Business Meeting to be held at the November Luncheon will have two primary items of business: election of 2012 Chapter Officers and Directors, and modification of the Chapter Bylaws related to the Martin Hertz Lifetime Community Service Award.

The appointed Nominating committee nominated the individuals listed below for the identified Chapter positions. A short biography is provided for each of the nominees.

Proposed changes to the Martin Hertz Lifetime Community Service Award Criteria and Selection

Para B.1. First Sentence. After "members" **add** "(Regular or Auxiliary) of the MOAS."

Para B.3. First Sentence. After "herself) in" **add** "a non-military activity." **Delete** "after retirement from a uniformed service."



**JOHN O'BRIEN**  
(President)

John was drafted into the Army in 1969 and commissioned out of Engineering Officer Candidate School at Fort Belvoir, VA in 1970. Re-trained as a medic he served as a medical platoon leader with the

1st Infantry Division (garrison). Later assignments were conducting clinical trials in Egypt, high altitude studies in Hawaii and multiple tours in the DOD Biological Defense Program at Ft Detrick, MD. He was Director of Grants Management at the DOD Medical School in Bethesda, MD, and commanded the US Army Forensic Toxicology Drug Testing Laboratory, Ft Meade, MD. His final assignment was to the Pentagon on the staff of The Army Surgeon General as the Army Staff Officer for Medical Science and Assistant Corps Chief, Medical Service Corps.

John has a BS and MS from Va. Tech, and PhD in Biochemistry from the University of Southern California. He retired in 2000 after 31 years of active duty. John and his wife of 43 years, Carol, live in Lakewood Ranch, where John is President of the Community Emergency Response Team. John and Carol have two children and four grandchildren. Their son, MAJ Shawn O'Brien, US Army, is serving his 6th tour in the Middle East. Their daughter, Colleen, lives with her family in Pittsburgh, PA.



**TROY SCOTT (1st VP)**

Troy graduated from the United States Military Academy in 1966 and was commissioned in the Infantry. After West Point he served two tours in Viet Nam, one as an advisor with Military Assistance Command, Vietnam in the Central Highlands; the other with the 1st Cavalry

Division. Additionally, he served with the 24th Infantry Division, Ft Riley, KS; the 5th Mechanized Division, Ft. Carson, CO, and the 1st Infantry Division, Ft Riley, KS. After five years on active duty, he entered civilian life and joined the Kansas Army National Guard, transferring to the Corps of Engineers and serving as a Battalion Training Officer and Executive Officer.

In 1981 he returned to active duty with the Army National Guard, serving at the University of Nevada, Reno, as a Military Science instructor; at FT Leonard Wood, MO as the Army National Guard Advisor; in Panama as a Staff Engineer for the US Army Southern Command, and in Germany as the Army National Guard

Advisor to Fifth Corps, at the Abrams Complex in Frankfurt.

He obtained a Masters of Science from University of Nevada, Reno in 1986 and another Masters of Science from Virginia Polytechnic Institute in 1997. He finished his service with the Army National Guard Headquarters in Arlington, VA as the ARNG Energy Program Manager, retiring in January 1996. He then founded his own environmental consulting company. Elke and Troy were married in 1990 and moved to Sarasota in 1997. They have five children and six grandchildren. Troy has served as the MOAS President for 3 terms, and as the Florida Council of Chapters President.



**GEORGE TRACY (2ND VP)**

Born in St. Louis, MO and raised in Baltimore MD, George entered the US Naval Academy (USNA). After a Hall-of-Fame USNA lacrosse career and graduation ('63), he was assigned to destroyer duty aboard the USS McKean (DD784); completing two West Pacific (WESTPAC) tours and earning meritorious citations, for Vietnam coastal gunfire support missions

and Carrier Task Force operations along with a major fleet rehabilitation and modernization (FRAM) shipyard overhaul. George had two more WESTPAC tours out of as Executive Officer/Navigator of the USS Polk County (LST1084), completing a FIRST Pacific crossing with a huge amphibious landing craft (LCVP) strapped to the main deck - making typhoon

encounters even more fun!! Having met and married his wife, Kay, prior to his fourth Vietnam tour, George transferred to the Fleet Training Group, Pacific (April 1968), where he completed his Navy career, earning the Navy Commendation Medal, providing battle readiness training to over 50 different surface ships of all types and instruction in shipboard command, control & communications (C3), weaponry and seamanship in preparation for Vietnam

combat operations.

In 1970, George left the Navy to join the Information Technology (IT) industry, entering the 2-year Systems Engineering Development (SED) program with Electronic Data Systems Corporation (EDS). This began his successful, challenging 40+-year career, as a systems engineer, manager, business developer and consultant, delivering technology solutions to U.S. and international clients in industry and government across the country, in the

Middle East (Iran) and in Europe (France). Arriving in Sarasota (June 2008), George continues his IT support services part-time (MacDill-Tampa), while serving locally with Kay as a 12th Circuit Court guardian ad litem, a lacrosse coach at SMA, a proud father of three sons, the "Grand Dude" for four grand-children and otherwise enjoying MOAA-Sarasota membership, Lakewood Ranch (fitness, cooking, music, reading, beach, golf, maybe!) and the other benefits of the Gulf Coast life style.



**JANICE SLADZINSKI  
(SECRETARY)**

Born in Orlando, FL into an Air Force family, Janice was raised and spent most of

her career in Pennsylvania. She has an MBA from the University of Pittsburgh and spent over 20 years in management for Conrail, headquartered in Philadelphia. After leaving Conrail, she taught business at several colleges, worked as a consultant for a government agency and for the Philadelphia Public School system. She then took a position as the Asst. Director of the Small Business Development Center at Temple University.

Moving to Sarasota in 2002, she taught Business at the Ringling College. She also

pursued her interests in the performing and visual arts as a part-time artist and by being involved with the Sarasota Opera and on the Board of the Sarasota Ballet Association. In 2005 she met the love of her life, Con Stevenson, former Commander in the Navy. However, we lost Con to a sudden illness in December of 2008.

She just concluded a three-year term working for Siemens Energy Wind in Orlando, FL managing the transport of wind turbine components.



**CHRISTA FRIEDLANDER  
(TREASURER)**

Christa was born, raised, and university educated in Germany. She met and married Len Friedlander in Berlin in 1960. During the Friedlander's multiple assignments to

the Washington DC area, Christa was a senior member of the administrative team for a major health maintenance organization, providing her with in-depth experience in budgeting, purchasing, human resources, marketing, labor relations, staff assignments, and clinical oversight.

While stationed in Ankara Turkey, Christa was appointed to the Executive Board of the Turkish-American Archaeological Society with a mandate to provide logistical and financial support to American archaeologists and interns working in Turkey at University-sponsored excavations. In addition, she worked with a fundraising/distribution committee founded by the spouses of

ambassadors of various nations to provide materiel and financial assistance to schools and hospitals in impoverished regions in eastern Turkey.

She has served as treasurer for a joint service Officers Women's Club, and re-opened and managed a dormant thrift shop for military dependents with increased financial return to the club for welfare and morale expenditures.

Christa has been active in MOAS, working the luncheon 50/50 raffle and assisting wherever needed. The Friedlanders have two children, three grandchildren, and three great-grandchildren.



**CLAIRE POWER  
(Director -Scholarships)**

Claire holds a B.A. from Brooklyn College. She is a retired Vice President and Global Insurance Manager for Investment Banking firm of Donaldson, Lufkin & Jenrette (DLJ) in New York City. During her twenty-one years at DLJ, she also held the positions of Chief Administrative Officer for the Legal and Compliance Departments, Assistant Corporate Secretary and was a member of the Board of Directors of DLJ Long Term Investment, Inc. Prior to joining DLJ, Claire

was the Assistant Corporate Secretary of the Dreyfus Corporation. Claire has been a member of the Family Support Committee of Habitat for Humanity Sarasota for 9 years. She as previous served a MOAS board member and Liaison to the Scholarship Committee. Her hobbies include reading, cooking, biking and travel.



**DONALD MACDONALD**  
(Director-Programs)

Col. Donald A. MacDonald retired from the USAF as a Command Pilot with experience in numerous aircraft, including

the B-52 and the F-4 Phantom. As an F-4 Aircraft Commander, Don flew 163 combat missions with the 366 TFW (Gunfighters) at Danang AB, RVN, in 1968 and 1969. Subsequent assignments included tours on the Air Staff, Office of the Secretary of Defense, and the National Security Council Staff.

Upon leaving the Air Force, Don served as McDonnell Douglas Vice President, Asia, living in Tokyo and Hong Kong. This was followed by an assignment to London as Vice President, Europe. Don's final job was as Vice

President, International, L-3 Communications Corp.

Don received his BA from Wayne State University and an MA from the George Washington University. He is also a graduate of the Air Force Squadron Officers School, Command and General Staff College and the National War College. He resides in Sarasota with his wife, Miriam, two married children and three grand children.



**ALAN FORRESTER**  
(Director-Publicity)

Alan is a Certified Public Accountant and Professional Engineer with a Master's degree in Business Administration. He has started and built several successful companies in the computer and surveillance technology industry. Prior to

his relocation to Sarasota, he was the Chief Operating Officer for the Seminole Tribe of Florida. Most recently, he has been active in commercial and residential real estate and has written two books on investment and leasing in this industry.

As President and CFO of First National Capital, he built that company's sales from \$0 to \$56 million. INC Magazine rated FNC the 42nd fastest growing privately held company in the U.S., and number one of the 10 Michigan companies in their rankings. He raised over \$45 million of private equity from over 800 individual and corporate investors and arranged lease financing for over \$300 million of equipment that involved more than 50 different investment projects.

After selling FNC, he increased annual sales to over \$90 million and created two public limited partnership projects that raised over \$80 million. He was actively involved in the startup of two other companies.

He has been active in many charitable causes including donating 22 years of his time in various committees of a 500-bed teaching hospital, including eight years as a member of the Board of Trustees with two years as Chairman of the Board. He is member of the Oakland University Presidents Club. He is currently on the Board of Directors of the American Ideals Foundation, the Military Officers Association of Sarasota and Advisory Board for the Army in Sarasota.



**LEN FRIEDLANDER**  
(Immediate Past President)

Born and raised in Brooklyn NY, Len Friedlander enlisted in the Air Force in 1958. Len served two tours in Germany, meeting and marrying Christa, his wife of

51 years, while stationed in West Berlin. Graduating from Syracuse University and commissioned in 1967, he subsequently earned an MBA from Michigan State University in 1971. Len's Air Force career encompassed staff positions related to communications, computers, command & control, and intelligence at Offutt AFB, NE, Ramstein AB Germany, and the Pentagon; and command positions at Ankara Turkey and Maxwell AFB, AL. He retired from the Air Force as a Colonel in 1994 with 36+ years of continuous active duty.

He subsequently held executive information technology and management positions with BDM Technologies, TRW Systems, Apple Computer, RS Information Systems, and K12, Inc. He continues to perform consulting services for education, defense and IT companies. Len has been a member of MOAA (TROA) since 1983. Moving to Sarasota in 2004, he is editor of the Breeze, and has served as 1<sup>st</sup> VP, President and Immediate Past President of MOAS. The Friedlander's have two children, three grandchildren and three great grandchildren.



## SUPPORT OUR TROOPS

*John O'Brien*

Written by Jim Hesson

As I write this month's column for John, Joyce and I are in Northern Virginia "house sitting" (read Cat) for our daughter. We are close enough to our Nations Capital that I can almost hear the claims and counter-claims of the politicians next door about the issues that face us as a nation. But like a calming breeze a message of reality and patriotic sacrifice arrived from the 159<sup>th</sup> Aviation Brigade in Afghanistan. Authored by the Commander, Colonel Todd Royar, it places some things in perspective, for instance, soldiers who understand why they are where they are. I quote from this month's "SITREP" from Colonel Royar in which he talks to their honoring the sacrifices of 9/11 by a memorial formation:

Quote: **Friends of the Thunder Brigade:**

**On the 10th anniversary of 9/11, Soldiers, to include our coalition partners and civilians, honored the victims of those tragedies. The events of those days sparked our Nation's response. I think it important to recognize the generation of Soldiers who volunteered to serve since 9/11 - all knowing that their service would most likely take them in harm's way. But yet they serve. SPC Rojas from TF Attack spoke at the formation's 9/11 ceremony and I believe said it best:**

**"We are all here because we are willing to come together for that love, we sacrifice time and memories with our family to be where the Army and our country need us to be; where we are taken to do our part, and no matter our differences, our willingness to do what needs to be done for our homeland will always bring us together".**

**I would argue that this generation of Soldiers may be our greatest.** End quote

Based on many communications with our deployed troops they have convinced me they know why they are there, even if many here at home do not. They know there is a purpose in their mission and what the desired end-state should be while the demonstrators on Wall Street, our Nation's Capital, and other dispersed locations cannot articulate their problem or suggest solutions.

When we pass out boxes, the most disturbing comment I have heard is "I did one last year" as the person walks away empty handed. I always reflect back on the soldiers who are "doing it" every day coupled with multiple tours in harm's way! The most heartwarming response is when someone in a wheelchair or walking assisted by a cane takes a box with a smile and I know it will be sent.

As the holidays approach, do not disappoint these wonderful young men and women who are our country's future. Ask yourself, what have I done to let these wonderful men and women serving me in harm's way know I support them? You can answer that question by filling and shipping a box or boxes or donating funds to aid in our program.



**Don & Rita Cunningham chat with Sylvia Barber**



**Bettye Sarjeant (right) with her guests, Carol Nevins (left) and Joyce Vollenweider**



## MEMBERSHIP ACTIONS

*George Tracy*

Well, cherished MOAS Members, we are approaching the end of the year and, more importantly, the start of a great New Year, 2012. So, it is time for renewing our membership to ensure the continued support of our local programs and our voice on Capitol Hill on behalf of our veterans, past and present. Those of you with email addresses on file will have, by now, received your 2012 MOAS membership renewal notification. Those without active email addresses will receive these notifications in the mail. In either case, we would appreciate your prompt response with your renewal along with any changes to your profile to ensure our continued service to you, to our community and to our fellow veterans under the gun. And, again, please help, as best you can, to encourage the veteran officers of our community to join our membership and assist this effort.

As you know, one of our key MOAS programs is the Scholarship Awards "to provide deserving local youth a financial jumpstart on their post high school education or training goals." A brief visit back to our June 2011 Breeze reminds us of the importance, and positive impact of this MOAS contribution to our community. So, with your renewal, I urge you to consider a donation to our scholarship fund. However small, it will make a big difference!!

I mentioned last month and remind you now, that our ability to effectively keep you, our members, informed, depends heavily on the accuracy and currency of your information in our MOAS membership database. In my efforts to maintain and employ this critical file to communicate with you, I have found that many of you cannot receive email due to an inaccurate or missing email address. Since email is our most efficient, timely and low-cost means of reaching you, my goal this year continues to be access to 100% of the MOAS active membership via email. You may be sure that we will be discrete and selective in our use of email. We appreciate your support toward accomplishing this objective by letting me, or any board member, know if your email or other contact information changes.

And remember, if you are joining the National MOAA organization for the first time or renewing a lapsed MOAA membership, please do so through me so that you, and we, can take advantage of the "Give Me 10" Program discounts. This program offers significant financial incentives to our MOAS chapter that will assist funding of our local scholarships, our "Support Our Troops" activities and other MOAS charitable and social programs. Notably, during this drive MOAA 1-year memberships are complimentary (free) to all on duty active, reserve and National Guard officers, and are 2-years-for-the-price-of-

**Taps**  
*Our Heartfelt Sympathy is  
 Extended to the family of*

**Mrs. Anne S. Calvert**

one (\$30) for all retired, auxiliary and/or former officers who are new or lapsed national MOAA members. I have the required "Give Me 10" enrollment forms and will handle related collection and submission activities.

Help strengthen our voice! Join MOAA!! We encourage and appreciate your efforts to extend the hand of our Sarasota chapter and of the national MOAA community.

A hearty welcome to our new members and.....  
 Thanks for your support!!

### **Directory Changes**

#### ***New Members***

Irving H. Miller, CAPT, USAR (Nancy)  
 8978 Wildlife Loop  
 Sarasota FL 34238  
 (941) 924-5900 [ihmiller@aol.com](mailto:ihmiller@aol.com)

Michael E. Richardson, Col, USAF (Ret) (Irene Murray)  
 1580 Shadow Ridge Circle  
 Sarasota, FL, 34240-9463  
 (941) 371-0375 [michaeler@mindspring.com](mailto:michaeler@mindspring.com)

Joseph L. Riggins, MAJ, USA (Jeanie)  
 5985 Roseto Place  
 Sarasota, FL, 34238-3009  
 (941) 923-2083 [majorriggins@yahoo.com](mailto:majorriggins@yahoo.com)

Thomas E. Piazze, LTC, USA (Ret) (Donna)  
 5108 Coral Blvd  
 Bradenton, FL, 34210  
 (941) 761-1278 [tepiazze@gmail.com](mailto:tepiazze@gmail.com)

#### ***Address Changes/Updates***

George L. Binswanger, COL, USA(Ret) (Doris)  
 1700 N. McCormick Blvd, #304B  
 Lincolnwood, IL 60712 [cbinsy@verizon.net](mailto:cbinsy@verizon.net)

Elizabeth 'Beth' Winston, Mrs. (AUX)  
 4044 Penshurst Park  
 Sarasota, FL, 34235-6843  
 (941) 378-3989 [bethsandy@comcast.net](mailto:bethsandy@comcast.net)

Lynn Winstead, Mrs. (AUX)  
 4429 Rum Cay Circle  
 Sarasota, FL, 34233-3832  
 (941) 343-0114 [joshwt379@msn.com](mailto:joshwt379@msn.com)



**New Members Charly & Susie Shugg flank recently retired Linda Gould**



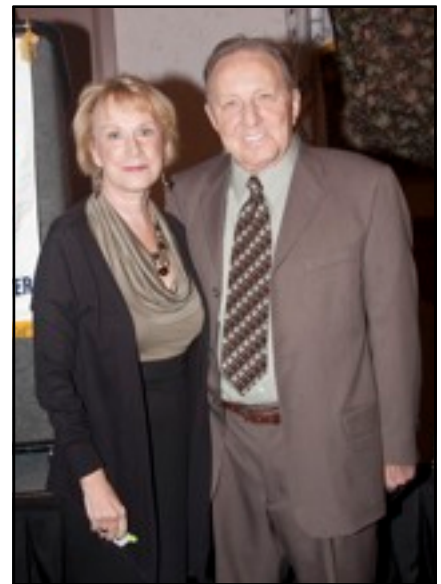
**William & Patrice Fitzgerald**



**Barbara Hamilton  
Chapter Auxiliary Chairperson**



**New Member Tom Piazze**



**New Members  
Joe & Jeanie Riggins**

**John O'Brien, Chapter President, presents 2010 MOAA Communications Awards to Max Jonah (L) & Don Cunningham (R) for their work on the Breeze newsletter & the SOT Website respectively.**





## ITEMS OF INTEREST TO MOAS MEMBERS

### ID Card Campaign Continues

As part of a campaign to protect military-issued identification cardholders from identity theft, officials are continuing to issue cards with new, unique ID numbers. Officials say that when current cards expire, they will be replaced with new cards having a DoD ID number printed in the Social Security number field. Besides the DOD ID number, beneficiaries will have a DOD benefits number printed on their card.

Although retiree ID cards do not have an actual expiration date, there is a Medicare eligibility date printed on the card's backside. If that date is too long to wait, or it has already passed, retirees can get a new card when their dependent's card expires. If they have no dependents, or it is too long to wait, they can contact an ID card issuing facility to arrange for a new card at anytime.

Dependent ID cards will not have the DOD ID number of their sponsor, but have their own number. The Social Security number will continue to be in the bar codes for now; however, the SSN Reduction Plan calls for number removal from bar codes beginning in 2012.

Please call the nearest facility in advance to verify hours and current documentation requirements

### Toxic Exposure - Camp Lejeune

A long-anticipated report by the Environmental Protection Agency determined that exposure to the chemical degreaser TCE causes cancer in humans. This means that those who lived and worked on Camp Lejeune between the 1950s and 1980s, when solvents including TCE contaminated the water supply, may have finally proved what was making them sick. The report, released 1 OCT, found that exposure to trichloroethylene (TCE), is convincingly linked to kidney cancer, non-Hodgkin lymphoma and liver cancer, with more limited evidence that it causes bladder, esophageal, prostate, cervical, and breast cancers, as well as childhood leukemia. According to the findings, all routes of exposure can be carcinogenic to humans.

For a large cluster of male breast cancer survivors who all have Camp Lejeune in common, the report vindicates their belief that the base water poisoned them. Contamination victims and their advocates hope the EPA findings will assist in the passage of the Senate Caring for Camp Lejeune Veterans Act, which would provide hospital and nursing home care and medical services to those affected by the water.

### VA to Cover Extra Costs Amid Home Loan Confusion

The VA will cover extra costs for veterans who struck deals on home loans and faced the possibility of higher fees amid confusion over a federal law change. The problem involves a Sept. 8 notice from the VA loan operations that said certain fees would be lower beginning Oct 1. But Congress delayed those lower fee rates from taking effect until November in legislation awaiting President Obama's signature. The loan fee change is part of a bill that pays for improvements in veterans' facilities.

Lenders, who didn't know about the congressional change, made loan deals based on the lower rate, said the VA created a problem that left lenders with the choice of imposing higher fees on mortgages heading into closing and delaying those deals or absorbing the higher costs.

VA Secretary Eric K. Shinseki said that for cases where lenders have closed loans with lower funding fees than provided in the new bill he, under existing authority, would waive the difference in the fees.

### 3.6% COLA Increase Next Year

The government announced the first cost-of-living adjustment in three years. The 3.6% COLA will be effective December 1 and will be reflected in the January 2012 Social Security, retired pay, SBP, and VA disability compensation checks.

However, there is another 'shoe' yet to drop. The Social Security Administration pointed out that for some beneficiaries, the increase in Social Security benefits next year "may be partially or completely offset by increases in Medicare premiums."

### National Defense Forum in Sarasota

A newly formed Sarasota/Manatee Chapter of the Air Force Association is partnering with the Sarasota Herald Tribune to present a Defense Issues Forum: "The Budget Crisis and its Impact on the Military." It will be held on the morning of Saturday, November 12 at The New College of Florida.

The group anticipates having three recently retired flag officers -- one from each major service -- as speakers and panelists. General Arthur J. Lichte, USAF (Ret.) -- former Commander of Air Mobility Command -- is the first confirmed speaker.

Please reserve the date and plan to attend. The Forum is open to all and there is no charge. Additional information will be available in the Herald Tribune (agenda, time and registration procedures) or contact:

Colonel Mike Richardson USAF (Ret)  
1580 Shadow Ridge Circle  
Sarasota, FL 34240  
T: 941-371-0375; C: 305-586-9347  
[michaeler@mindspring.com](mailto:michaeler@mindspring.com)

**MOAS Luncheon  
November 18, 2011  
MICHAEL'S ON EAST**



*MENU  
SERVED LUNCHEON*

*Pumpkin Bisque*

*ENTREE:*

*Roasted Sliced Turkey Breast with  
Homemade Stuffing & Gravy Winter root  
mash of carrots, sweet potatoes, red skin  
potatoes & parsnips*

*SERVED DESSERT*

*Cranberry-Gingerbread Tart: Spicy  
Gingerbread Crust, Frangipane, Tart  
Cranberries and  
Hints of Orange, baked with Cinnamon  
Streusel*

*Signature Bread Basket*

*Pre-Set Iced Tea with Lemon*

*Served Coffee, Decaf & Tea*

**MOAS LUNCHEON RESERVATIONS**

For 11/18/11 at 11:30 AM - Michael's on East  
**PLEASE NOTE NEW PRICE AMOUNT**

Please reserve \_\_\_\_\_ places for the luncheon.  
A check for \$ \_\_\_\_\_ is enclosed based on \$24.00  
for each person attending (Tax & Tip included).

\_\_\_\_\_  
NAME, RANK, & PHONE # of Requesting Member.

\_\_\_\_\_  
Please print names of additional persons attending.  
(Use an extra sheet of paper if necessary)

New or First Time Attending Member \_\_\_\_\_

Is this your birthday month? \_\_\_\_\_

Is this your spouse's birthday month? \_\_\_\_\_

Return the form with check made out to MOAS

Mail to:

**ELKE SCOTT**

**841 FORESTVIEW COURT  
SARASOTA, FL. 34232**

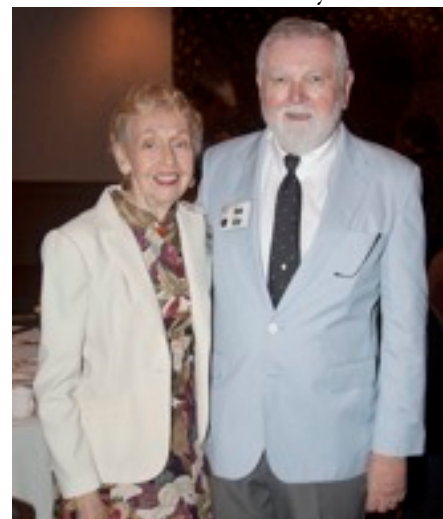
PLEASE NOTE: Elke's Phone #379-3023

**NOTICE**

We must provide the restaurant with an exact number of  
reservations at least 48 hours in advance of event. No  
additional requests or refunds will be honored after that time.

Request for menu changes due to dietary restrictions should  
be provided at the time of reservation. Please do not contact

Michael's on East directly. Thank you.



**Joe & Bonnie Cyr**

The Military Officers Association of Sarasota, Inc.  
P.O. Box 1016  
Sarasota, FL 34230-1016

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**MOAS CALENDAR  
NOVEMBER - DECEMBER 2011**



DATE	EVENT	TIME
Nov. 3, Thursday	VPA - Guitar/Piano Recital - Details on Pg 7	7:30 p.m.
Nov. 7, Monday	Board Meeting at Meadows Community Association	4:00 p.m.
Nov. 8, Tuesday	YAHOO Event: Kayak Trip - Details on Page 6	8:30 a.m.
Nov. 17, 18 & 19	VPA - Fall Dance Performance - Details on Pg 7	7:00 p.m..
Nov. 18, Friday	MOAS Luncheon-Michael's on East	11:30 a.m..
Nov. 21, Monday	VPA - Music Recital - Details on Pg 7	7:30 p.m.
Dec. 1, Thursday	VPA - TV/Film Showcase - Details on Pg 7	7:00 p.m.
Dec. 5, Monday	Board Meeting at Meadows Community Association	4:00 p.m.
Dec. 10, Saturday	YAHOO Event: Army/Navy Game - Details on Page 6	2:00 p.m.
Dec. 11, Sunday	27th Annual Military Gala - Michaels on East	6:00 p.m.