

# THE SARASOTA BREEZE



## THE MILITARY OFFICERS ASSOCIATION OF SARASOTA, INC

An Affiliate of the Military Officers Association of America MOAA and The Florida Council of Chapters

MOAA 4-Star Chapter 2003/2008; MOAA 5 Star Chapter 2004-2007 & 2009-2016

Vol. XXIX No. 7 Best Newsletter 2007/2010; Runner Up 2008/2009, 2012 - 2014; 5 Star 2015/2017; 4 Star 2016; Website 5-Star 2015-2017 July 2018

### JUNE PROGRAM: VADM Howard Thorsen, USCG(Ret)

The Military Officers Association of Sarasota's (MOAS) June luncheon featured VADM Howard B. Thorsen, USCG Retired who remarked on "The Many Things We Don't Know About The Coast Guard". Admiral Thorsen relived some of his personal experiences and provided us an historical perspective on the Coast Guard - dating from the Secretary of the Treasury Alexander Hamilton's formation of the U.S. Revenue Cutter Service to today, as the largest operational component of The Department of Homeland Security.



The Coast Guard has a noble mission - to save lives - defend the homeland and protect America's interests throughout the world. They daily put their skills into the service of their ships, their sectors, and their country. They serve as deck officers on our Coast Guard cutters - bringing law and order to our dangerous waters as boating officers. They block illegal shipments of cash, weapons and drugs. They battle the scourge of human trafficking.

The Coast Guard stands watch at our ports, patrols our waterways, and protects our infrastructure. They defend America in a world of grave threats. They board suspicious vessels searching for the most deadly weapons and detaining criminals to keep us safe. They secure our borders from drug cartels, human smugglers, and terror threats.

Our Coast Guard men and women interdict dangerous criminals and billions and billions of dollars-worth of illegal narcotics every single year. Their helicopters launch from the cutter decks and chase drug smugglers at speeds in excess of 50 knots through tumultuous seas. The Admiral closed his remarks with **Semper Paratus** – Always Ready.

### JULY PROGRAM: Robyn Bell - Pops Orchestra - Supporting Musikers The Importance of Keeping Community Music Alive

Robyn will define and discuss the term she has coined "Musikers" and discuss why Musikers are import in our society and what the general public can do to support them. *There will also be a drawing for two season tickets to the Pops Orchestra's 43rd season, "Pops Stars Take the Stage."*

Dr. Robyn L. Bell presents her 8<sup>th</sup> season as the leader of the Pops Orchestra. The program for this season is, by far, the best one yet. Bell is Director of Instrumental Studies at the State College of Florida in Bradenton where she also conducts the Symphonic Band and the Bradenton Symphony Orchestra. She holds a Master's Degree in conducting from the University of Tennessee and a Doctorate of Musical Arts from the Boston University.

The Pops season will start off with our Veterans' concert on November 11<sup>th</sup> & 12<sup>th</sup> "John Denver – Coming Home", featuring tribute artist Tom Becker. Remember The Pops generously donates 100% of the profits to our Scholarship Fund.

This performance is followed in December by "Hi-I'm Rich" with piano funny man Rich Ridenour returning to perform with the Pops on its holiday concert. In February the "Jersey Boys/California Girls" brings a special Valentines concert featuring the Stiletto Brass and Jersey Boys. And wrapping up the season in March - "By George. I think we've done it" featuring the music of George's: George Gershwin, George Harrison, George M. Cohen and George Michael. Pick up your season tickets at <http://thepopsorchestra.org>.

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**Military Officers Association of Sarasota (MOAS) Mission**

MOAS, a non-profit 501c(19) organization, exists to improve the awareness, life style, and overall environment of its members; support and serve the citizens of the Sarasota area; influence the political process in matters pertaining to active duty, retired and former military personnel; and enhance the image of America's uniformed services in our local community.

### Chapter Officers, Directors and Committees Military Officers Association of Sarasota (MOAS)

**Board of Directors**

President	Brian McCarthy	bnmccarthy@gmail.com
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Treasurer	Christa Friedlander	ladyhawk10@verizon.net
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President	Brian McCarthy	bnmccarthy@gmail.com
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Immediate Past President	George Tracy	gtracysr@hotmail.com

**Programs**

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Chaplain/Personal Affairs	Charles Caudill	cccvmi@verizon.net
Surviving Spouses	Peggy Mock	peggymock@michaelsanders.com

**Sarasota Military Officers Scholarship Fund****Board of Directors**

Executive Director	Brian McCarthy	bnmccarthy@gmail.com
1st Vice President	Ron Wozniak	ronwozniak13@gmail.com
2nd Vice President	Scott E. Wuesthoff	wwopsldr@gmail.com
Treasurer	Christa Friedlander	ladyhawk10@verizon.net
Secretary & Historian	Peter Dering	slpdering@gmail.com
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Director (Legislative Affairs)	Stanley Minken	stanley.minken@gmail.com
Director (Publicity)	George Tracy	gtracysr@hotmail.com
Immediate Past President	George Tracy	gtracysr@hotmail.com

**Business Development**

Executive Director	Brian McCarthy	bnmccarthy@gmail.com
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**Scholarship**

Chair - Scholarship Committee	Claire M. Power	bcpower@comcast.net
Member	Kay Tracy	kaytracy2@hotmail.com
Member	Mike Staley	mikestaley81@yahoo.com
Member	Jean Southworth	clarksouth@outlook.com
Member	Len Friedlander	lensrq223@gmail.com
Member	Mary Gordon	JMKPL@aol.com
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**Operations**

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Academic Olympics	George Tracy	gtracysr@hotmail.com
Flag Initiative	Valerie McCarthy	valerie.mccarthy@gotoalwayshome.com

**Editorial Policy:** "The Breeze" newsletter is published by the Military Officers Association of Sarasota, Inc., an affiliate of the Military Officers Association of America (MOAA) and the Florida Council of Chapters (FCOC). MOAA and its affiliated chapters & councils are non-partisan."

**PRESIDENT'S MESSAGE**

*Brian McCarthy*

What an eventful month. This week I was the guest speaker at the Navy League luncheon at the Sara Bay Country Club. I had the honor of being asked to make some inspirational remarks to four Naval Academy and ROTC selectees and their families. It was heartfelt to recall those days when we too headed off to a service academy, ROTC program or Officer Candidate School. With all the changes taking place on our planet, it was reassuring to see that some events never change. These fine young men will be shaping our future. Among them may be the next Chester Nimitz, Raymond Spruance or Bull Halsey.

The Florida Council of Chapters [FCOC] had a very successful fortieth convention at the Sanibel Harbor Marriott Resort & Spa. In attendance were three officers from MOAA National; Lt Gen Dana Atkins USAF, Col Dan Merry USAF and CAPT Erin Stone, JAG, USN. Not only was the convention informative but lots of fun. I encourage everyone to plan on attending the next convention at Safety Harbor in Tampa.

Our chapter was festooned with awards. We received the Certificate of Merit for the most participants at the convention and I, as president, was presented two 5-star Chapter awards for our web site and newsletter. Congratulations to our Editor Len Friedlander and our Webmaster George Tracy.

Claire Power, Scholarship Chair, set up a breakfast with Allison Nash, Scholarship & Donor Services Manager and Barbara Bourgoin, Director of Development for the State College of Florida Foundation [SCF]. We received information on our veteran financial aid recipients and spent some valuable time building our relationship. Later in the month we met with Paul Bova, Director of Development and Allison Dinsmore, Assistant Director, Student Success from the University of South Florida [USF]. We presented them a check for \$3,000 to start up the USF Veteran Financial Aid Program. To our surprise, we were also greeted by a number of USF veterans. I can represent that your donation dollars are being put to excellent use and are appreciated by all these hard working veteran-students.

Thank you all for your support. Sometimes we forget this is an all-volunteer organization. Special thanks to Peggy O'Connell for taking over as Editor of the Sarasota Breeze, as Len Friedlander moves on to become President of the FCOC, and to Valerie McCarthy for taking the lead on the American Flag Initiative, and assisting Claire with veteran financial aid.





**SECRETARY'S CORNER**

*Peter Dering*

President Brian McCarthy called the Board meeting to order at 1603 on Monday June 11, 2018 at the Meadows Community Center. Meeting began with the recitation of the Pledge of Allegiance. **ATTENDANCE:** *Board Members Present:* Brian McCarthy (Pres), Ron Wozniak (1VP), Peter Dering (Sec'y), Christa Friedlander (Treas), George Tracy (IPP). *Board Members Absent:* Scott Wuesthoff (2VP), Stan Minken (Dir), & Claire Power (Dir). *Committee Chairs & Visitors Present:* Peggy Mock, Len Friedlander & Toni Borman.

**BOARD MEETINGS AND LUNCHEONS**

MONTH	BOARD	LUNCHEON
JULY	No Meeting	20
AUGUST	6	17
SEPTEMBER	4	21

**PRESIDENTS REPORT:** FCOE Convention- MOAS had the largest attendance of all chapters, & represented. received two 5-star MOAA communications awards and a Certificate of Merit from the FCOE for Convention attendance. The 2019 FCOE Convention will be at Safety Harbor in Tampa. Room rates will be \$109/night. Military Appreciation Day will be held at Sarasota's Ed Smith Stadium on Tuesday, August 14. Linda Gould and Brian McCarthy have been in contact with stadium staff and the Orioles baseball team. The Board unanimously agreed to be the lead for this event. The Board discussed developing a short 30-60 second video to play at the park to promote the Chapter. Brian and George will investigate. Meetings were held with USF and SCF this month with Brian & Valerie McCarthy and Claire Power. A \$3,000 check was presented to USF. The Board established the 2019 Nominating Committee, nominated Col. Craig Hollinger as its chair. Craig will form a committee, of no less than 3 members, and report back to the Board president no later than the September board meeting with their progress. Peggy Mock was encouraged to promote MOAA's new Surviving Spouse Virtual Chapter, which stands up this month. The President informed the board of Kristine Nickle and Tony Mowry's resignations, respectively as Director and JROTC representative. **SECRETARY'S REPORT:** The Board minutes of May 7, 2018 were approved unanimously.

**MILITARY OFFICERS ASSOCIATION OF SARASOTA (MOAS)**

**TREASURER'S REPORT:** The Treasurer reported balances as of May 31, 2018. The report was approved unanimously.

<b>MOAS Operating Account</b>	<b>\$37,530.30</b>
CD:	\$10,010.00
Checking Account	\$27,520.30
<b>Scholarship Fund Account</b>	<b>\$27,454.32</b>
CD:	\$ 5,116.01 (3/2019)
Checking Acc't	\$22,338.31
Undesignated Available Cash	\$ 5,404.64
JROTC Scholarships (\$8,000 disbursed)	\$ 0.00
Merit Scholarships (\$12,000 disbursed)	\$ 0.00
Veterans Scholarships (\$10,000 disbursed)	\$ 0.00
JROTC Support (\$500 disbursed)	\$ 500.00
Academic Olympics	\$ 1,500.00
SOT Fund	\$ 5,197.48
Outstanding Cadet	\$ 131.01
Veterans Support (\$1200 disbursed)	\$ 6,922.22

Flag Initiative	\$ 2,199.97
Fund Raising/Admin Expenses	\$ 482.99

**COMMITTEE REPORTS:**

**Membership:** (George Tracy & Scott Wuesthoff):

**MOAS Active Membership as of 5/31/2018 - 311.** As of 31 May 2018, the Chapter has 311 active Chapter members. We have lost 52 members and added 15 for a net loss of 37 since the beginning of this calendar year. The losses were from both lapsed and deceased members. We would expect to add sufficient members during the remainder of the year to reach our base goal 350 members by year-end. Our 2018 recruiting campaign is in full swing with access to the MOAA National Prospect List of 84 repeat prospects and 370 new. Working on turning over primary Membership Committee responsibility to Scott Wuesthoff.

MOAS	12/31/2017	5/31/2018
REGULAR	260	238
SURVIVING SPOUSES	78	69
ALLIED	4	4
TOTAL	342	311

**Scheduled Events:** (Elke Scott): The May luncheon attendance was 98 with a profit of \$690.25. The 50/50 contributed \$102 to the scholarship fund.

	LUNCHEON PROGRAMS
JULY	Robyn Bell - Pops Orchestra
AUGUST	So. Florida Museum & Planetarium
SEPTEMBER	Jt. Meeting - Col Dan Merry - MOAA

**Publicity & Marketing:** (Kristine Nickel): Three press releases, two with photos were submitted: The scholarship check in conjunction with the Sarasota Pops, the "War College" presentation, and the scholarship recipients with photo. MOAS was mentioned numerous times in press releases sent out regarding the Vietnam Veterans Day. Shot photos and recorded comments made by the presenting Board members, which were included in the scholarship press releases.

**Newsletter:** (Len Friedlander): The June issue of the Breeze was emailed to 382 recipients, 80 were printed (72 were mailed to MOAS members, & 8 extra copies were printed) at a cost of \$99.61 including postage. Len will be working with Peggy O'Connell to transfer newsletter publishing immediately after publication of the July Issue.

**Programs:** (Scott Wuesthoff): The following Programs are scheduled: July - Robyn Bell, Aug - South Florida Museum, Sep - MOAA-Col Dan Merry, Oct - Semper Paws, Nov - Annual Meeting/Homes For Our Troops, Dec - Gala. **2019** Jan - Sarasota Opera, Feb - Naval War College, Mar - Dr. Zonies, April - Dr Minken, May Scholarships.

**Outreach/Surviving Spouses:** (Peggy Mock): No Report.

**Legislative Affairs:** (Stan Minken) The VA governance situation caused a temporary standstill in congressional action towards several bills and issues affecting the VA. But, after Adm. Jackson withdrew and Deputy Wilkie assumed the acting Director role things began to move. The VA Mission act was approved and became law, opening the door for adding private care abilities to certain VA eligible in several categories. Congress has authorized a full review and implementation of an electronic records program for the VA. The widow tax issue remains in discussion. Florida does not require military members to pay state income tax on military retirement pay because there is simply no state income tax collected.

*Secretary's Corner Continued on Page 9*



## LEGISLATIVE UPDATE

Stanley Minken

### The VA Mission Act Will Transform the VA Health Care System

Congress, with overwhelming bipartisan support passed major veterans legislation to extend and reform the Veterans Choice Program to allow more private care options. The bill will streamline the VA health care system by consolidating seven existing community care programs into one and eliminating the Choice Act. This bill is aimed at reducing veterans' wait times, and allowing more of them to seek out their own physicians. It will also extend the VA caregiver program to veterans of all eras who were seriously disabled, rather than limiting programs to those who fought in the post 9/11 conflicts.

The bill prevents a gap in care for veterans who use the VA Choice program, which ran out of funding on May 31. The \$51 billion in the bill includes about \$5 billion for Choice, which allows veterans to seek care in the private sector if they're facing long wait times or live more than 40 miles from a VA facility. That \$5 billion will keep Choice funded for about a year until it is replaced. The "VA Mission Act," would also lift the restrictions on family caregiver benefits, which are now limited to post 9/11 veterans, and extend them to the caregivers of veterans of all eras.

The VA Mission Act was easily approved by the Senate (92-5) and had been previously passed by the House (347-70) and was signed by President Trump becoming law just ahead of Memorial Day. The bill had garnered support of more than 30 veterans' service organizations (VSO), including the Military Officers Association of America. Many of the VSOs, which previously had expressed concerns that a rapid expansion of community care options could lead to the "privatization" of VA health care, lined up to back the new bill. René Campos, MOAA's senior director of Government Relations for veterans-wounded warrior care, lauded lawmakers, the administration, and VA leadership for moving the legislation through Congress, saying, "Our country and Congress have remained committed to caring for those who serve their country through the decades. Not only is it the right thing to do, but MOAA believes the institution must remain strong and committed because at the end of the day, Americans will judge the value of service to the country by how well the government supports and cares for those willing to put their lives on the line for their country."

In a statement last week, the White House said the bill would "transform the Department of Veterans Affairs (VA) into a modern, high-performing, and integrated healthcare system that will ensure our veterans receive the best healthcare possible from the VA, whether delivered in the VA's own facilities or in the community."

Keith Harman, national commander of the 1.7 million member Veterans of Foreign Wars, said the bill "will help improve services throughout the VA health system while utilizing private sector resources when needed, striking the right balance to make sure we provide veterans with the best care possible."

A similar bill offered last year was left out of the omnibus \$1.3 trillion spending package signed by Trump in February for all government agencies, forcing the House and Senate to begin anew on reforming Choice. Rep. Phil Roe, R-Tennessee, the chairman of the House Veterans Affairs Committee who was instrumental in gaining bipartisan support for the new legislation, said that "Over the last several months, we've taken great, bipartisan steps to reform the department, and this legislation is yet another strong step in the right direction. Roe said the provisions in the bill would keep "our promise to give veterans more choice in their health care while building on our strong investment in VA's internal capacity."

Rep. Tim Walz, D-Minn., the ranking member of the House Veterans Affairs Committee, voted against the bill. "There is little debate that the VA Mission Act is better than the current Veterans Choice Program," Walz said, but he questioned whether there would be sufficient funding in the long run to sustain it

### Veteran's Health Records

The government has recently approved a \$10 billion deal to overhaul the electronic health records of millions of veterans, part of a bid to improve wait times and expand access to doctors outside the Veterans Affairs system. The aim of the contract with Cerner Corp. is to provide veterans easy access to their health records upon leaving active-duty service and when they receive medical treatment at a VA facility or a private doctor referred under the VA's Choice private-sector program. Acting VA Secretary Robert Wilkie said in a statement that the 10-year deal would make much needed improvements that "will modernize the VA's health care IT system." The VA has said the new IT system would be used to schedule VA medical appointments and suggested it could speed up wait times after the 2014 scandal involving the Phoenix VA medical center, in which some veterans died while waiting months for appointments.

VA officials have also expressed hope that a new system will help it reach out more effectively to former service members in need of mental health treatment. Senate Majority Leader Mitch McConnell said the Senate will soon vote on a wide ranging bill to give veterans more freedom to see doctors outside the VA system and rapidly "send it to the President's desk." The bill, passed by the House is an effort to fulfill President Trump's promise to expand private care to veterans whenever they feel unhappy with VA health care. Veterans' access to the new electronic records system, however, is expected to be years away.

The contract with Cerner, which designed the Pentagon's electronic records system, is one of the largest in VA's history. It has drawn concern from lawmakers that the project could be plagued with problems and ultimately prove ineffective. A report released last week from the Pentagon's director of operational test and evaluation found that a partial rollout of Cerner's electronic health record for DoD is "neither operationally effective nor operationally suitable." The report cited, in part, inaccurate data and a confusing layout of its electronic records. "The root cause of these issues must be identified and remedied before VA implementation can move forward," said Rep. Tim Walz, the top Democrat on the House Veterans Affairs Committee, in calling for tougher oversight of the VA deal. The contract with Cerner came after former VA Secretary David Shulkin announced the proposed change last June, saying he would bypass a competitive contract bidding process in an effort to sign a deal as quickly as possible. But talks stalled in December amid concerns from Shulkin that the company would not be able to effectively exchange a patient's medical records with doctors outside the VA who provide care under the Choice program. Those issues were largely deemed resolved by VA in February, weeks before Shulkin was abruptly fired by Trump and replaced with Wilkie, a Pentagon undersecretary. Government auditors have long pointed to the poor condition of the VA's IT system. To address those concerns the VA said it would revamp the system, whether by upgrading it or going to an entirely new commercial product such as Cerner.

### COLA Information

Increases in retirement & Social Security pay are correlated to the CPI (consumer price index), which is calculated as an average change in a national market basket (80,000 items) of consumer goods and services (food & beverages, housing, apparel, transportation, medical care, recreation, etc.) Measured price changes on those items over time determine the annual COLA, comparing the average CPI

**Legislative Cont'd on Page 5**





CHAPLAIN'S CORNER

Charles Caudill

No Regrets

"Be wise today so you don't cry tomorrow"
E.A. Bucchianeri

My wife of 46 years died suddenly of an aneurysm in March 2002. When the doctor informed me she had died, my first thought was "if only, I had..." knowing now it was too late. I am still haunted that I did not tell my late wife often enough how much I loved and appreciated her for all the gifts she kept giving me.

I remarried in 2006 and make it a point to hug my wife and tell her I love her every day. In 2013 I found her passed out on the floor and, as I called 911, I feared history was repeating itself. The only peace that came to me was that she knew how I felt. Fortunately, she recovered quickly and is doing well.

Often, we take people for granted; especially members of our

family. My older brother was my hero and he could do anything. He was an artist, wood sculptor, carpenter, pilot, and yachtsman. He rebuilt a Stearman Biplane when he was 70. When he took it out of winter storage on the first flight the engine failed and he was killed. Even today, it is hard for me to realize that I never told him just how much I admired and loved him.



We are living in times when going to school, attending a public event or walking down the sidewalk can be fraught with tragedy. More than ever we must not miss the opportunity to let others know of

our appreciation and care.

We need to show our love and devotion to our families as often as possible. Not only are words and gestures important, but also our history. I continue to get comments from families at funerals and memorial services wishing they had some of the memorabilia from their loved one. These are requests from children and grandchildren who want some tangible memory of us from our lives.

Making sure people know my love for them and faith in God are my assurances that I have no regrets. I share this passage, which has helped in my own journey:

"The Lord will keep you from all evil; he will keep your life. The Lord will keep your going out and your coming in from this time forth and for evermore."

Psalms 120:7-8

Legislative From Page 4

from July thru Sep of the current year to the average for the same months of the prior year.

To date, retirement pay, survivor benefits, and Social Security have ideally kept pace with those increases. But the CPI might not reflect your personal experience with price changes, as it is supposed to represent an average household, not a specific category of individuals or families.

As July gets closer, keep track of the CPI changes at http://www.moaa.org/takeaction/?tab=cola-watch%22%20%5C1%20%22COLA-Watch%22%20%5Ct%20%22 blank#COLA-Watch

MOAA will actively oppose any new attempts to reduce the COLA benefit, exerting every effort to preserve the congressional intent expressed in the House Armed Services Committee Print of Title 37, U.S. Code, "to provide every military retired member the same purchasing power of the retired pay to which he was entitled at the time of retirement [and ensure it is] not, at any time in the future ... eroded by subsequent increases in consumer prices."



Scholarship Program
Claire Power

Brian McCarthy and I visited the University of South Florida Sarasota-Manatee (USF) to present a \$3,000 check as seed money for their new Veterans Program. We were happily

surprised to find that many of their current veterans were there to meet us and tell us something about themselves; it was a joyous occasion.

Last month's issue of the Sarasota Breeze (page 9, Lower Right) contains my article outlining the new program at USF that our chapter is supporting.



# June Luncheon Photos



Larry Rodgers (L) & Rich Windsor



Jeri Davidoff & great grandson Jackson Angel (who is entering the Coast Guard in July)



Beth & Craig Hullinger



Brian McCarthy, Howard & Marlyn Thorsen and daughter Tracey Thorsen



George Tracy (L), Troy Scott & Willie Oler



Xenia Monaghan (L) & Helen Jonah



Jinny Scheffert (L) & Ginny Klotzbach



Sylvia Barber (L) & Martha Allen





**JUNE BIRTHDAYS**  
*(L-r) Helen Jonah, Jean Day, Larry Rodgers, and Mary Jo Krebs (May)*



Howard & Sally Crowell (rear) and Wally and Pam Smith (seated)



Barb & Bill Lawyer



Linda Gould & mom Lynn Gould



Jack Barnett (L) & George Tracy



Ed Brown & Barbara Hamilton



George Tracy (L) potential new member Dan Bowen & Ron Wozniak



**YAHOO**  
**Young At Heart Officers Organization**  
**Ron & Linda Wozniak**

**We have plenty of ideas from the Membership.**  
**Now we need volunteers to organize future events.**

The May 22<sup>nd</sup> Offshore Fishing Trip was cancelled as no one signed up. The June 6<sup>th</sup> tour of the South Florida Museum in



Bradenton coordinated by Linda Wozniak had eight YAHOOs attending (Ralph & Jinny Scheffert, Ray & Jean Day, Steve Padar, Ross Tucker, Linda & Ron Wozniak) The

tour was very informative, and we encourage those who missed this YAHOO outing, to visit the museum & planetarium.

**Pre & During Meet & Greet**  
**Pontoon Boat Cruise**  
**Wednesday July 11th**  
**1630-1800 & 1830-2000.**

Shorter 1 ½ hour cruises. Climb aboard at the Marina Jack restaurant dock, so you can step right on and off the boat just outside the Palm Room and be at the Meet & Greet. Please let us know if you are coming, so we have time to reserve an additional boat. For reservations e-mail [RonWozniak13@gmail.com](mailto:RonWozniak13@gmail.com) or text him at 941-779-5448.

**Near Offshore Fishing Gulf of Mexico**  
**Wednesday, July, 18th 0730-1730**  
**Freedom Boat Club Dock**

**1st Dock on left - Regatta Pointe Marina**  
**1005 Riverside Drive, Palmetto, FL**  
 Limited spaces available 1st COME BASIS.

Only cost is fuel & bait. FL saltwater fishing license required (unless 65+ & FL resident). If you have medium and/or

heavy saltwater tackle, bring it. If not, we will provide. Wear rubber soled shoes. Bring your own food, drink & sunscreen. For seasick fishermen Sea Bands is a wrist band that works well. Contact Ron at [RonWozniak13@gmail.com](mailto:RonWozniak13@gmail.com) or text at (941) 779-5448.

**MLB - Boston Red Sox at Tampa Bay Rays**  
**Tropicana Field**

**Saturday, Aug 25th 6:00PM**

We have reserved 30 Lower Box Seats along the left field foul line Section 125, Rows G, H & J.

Cutoff date for signing up is July 25th so we can get your tickets (\$47/pp) to you in a timely manner. Make check out to MOAS and mail to Woz. Indicate the names, contact phone numbers and e-mail addresses for those you are reserving seats to: Ron Wozniak, 207 68<sup>th</sup> Street NW, Bradenton, FL 34209-2227. Text Ron Wozniak at (941) 779-5448 or email [RonWozniak13@gmail.com](mailto:RonWozniak13@gmail.com) with any questions.

**1<sup>st</sup> Annual YAHOO Picnic**  
**Saturday 29 September**  
**Location & time TBD.**

More details to follow. POC-Ron & Linda Wozniak.

Contact

[RonWozniak13@gmail.com](mailto:RonWozniak13@gmail.com) or Text at 941-779-5448.

**Oktoberfest**

**Wednesday October 10<sup>th</sup> 1700-2000**  
**Gold Coast Eagle Distributing Tap Room.**

**7051 Wireless Court**

**Lakewood Ranch, Sarasota**

Our very own MOAS Member, John Saputo, Col USMC (Ret), has graciously allowed us to have another Oktoberfest at his beautiful facility. Plan on inviting new prospective MOAS Members to this fun event.

This will be in lieu of our October Meet & Greet. More details to follow. Event coordinator and POC TBD...any volunteers?

**Halloween Costume Party**  
**Saturday 27 October 1800-2100**

**Home of Ron & Linda Wozniak.**

**207 68<sup>th</sup> Street NW, Bradenton, FL .**

Details to follow. Text Ron Wozniak at 941-779-5448 or e-mail

[RonWozniak13@gmail.com](mailto:RonWozniak13@gmail.com)

**MOAS AWARDS PRESENTED AT FLORIDA COUNCIL OF CHAPTERS CONVENTION**



Five Star  
 Communications Award  
 Newsletter



Convention Attendance Award  
 MOAS



Five Star  
 Communications Award  
 Website



**Secretary's Corner Continued from Page 3****Sarasota County Veterans Commission:** (Dan Willison): No Report

**YAHOO:** (Ron & Linda Wozniak): Wed, 11 July, Pre- & During Meet & Greet Pontoon Boat Cruise 1630-1800 & 1830-2000. Wed, 18 July, Near Offshore Fishing Gulf of Mexico 0730-1730. Freedom Boat Club Dock, Regatta Pointe Marina, 1005 Riverside Drive, Palmetto, FL. The tarpon are off Bean Point and the beaches. Sat, 25 August, MLB- Boston Red Sox at Tampa Bay Rays Tropicana Field. 1810. We have reserved 30 Lower Box Seats along the left field foul line Section 125, Rows G, H & J. Cutoff date for signing up is 25 July. Make \$47 check out to MOAS and mail to Woz for each ticket. Indicate the names, contact phone numbers and e-mail addresses for those you are reserving seats to: Ron Wozniak, 207 68<sup>th</sup> Street NW, Bradenton, FL 34209-2227. Sat, 29 Sep, 1<sup>st</sup> Annual YAHOO Picnic. Location & time TBD. POC-Ron & Linda Wozniak, Wed, 10 Oct, Oktoberfest at Gold Coast Eagle Distributing Tap Room. 7051 Wireless Court, Lakewood Ranch, Sarasota. 1700-2000. Details to follow. Event coordinator and POC TBD...any volunteers? Sat, 27 Oct, Halloween Costume Party 1800-2100. Home of Ron & Linda Wozniak. 207 68<sup>th</sup> Street NW, Bradenton, FL 34209. POC-Ron & Linda Wozniak. Sat, 8 Dec, Army-Navy Game. New venue - Troy & Elke Scott' home.

**NEW BUSINESS:**

Brian prepared and distributed a revised organization chart for both the Chapter and the Scholarship Fund, board and committee member directory, which the Board approved for publication on the web site. Luncheon attendance was discussed. While attendance has decreased by 100 year-to-date, profits have doubled to over \$600. The Board discussed issues that may be impacting attendance; such as food quality, luncheon cost, and program selection. Possible alternative venues are being considered; Marina Jack, the Field Club and the Bird Key Yacht Club for next year. George Tracy has agreed to handle press releases, until we are able to fill the Board/Marketing vacancy. The Chapter will start the process of updating, revising and creating job descriptions for all Board and committee positions. Each Board member and committee chair will prepare their position description by the August Board meeting. One of the presentations at the FCOC Convention discussed a United Way program called "United Way 211," allowing veterans to call this number, which will enable them to seek help with whatever issues they may have. We will contact the Lee Coast Chapter to request one of their members address our Board about this important program. George Tracy will prepare membership survey - 5 questions monthly for the next 3 months. First topic will be How to build luncheon attendance?

**SARASOTA MILITARY OFFICERS SCHOLARSHIP FUND (SMOEF)****Scholarship Committee:** (Claire Power): No report.**JROTC Program:** (Peter Dering): Peter Dering has agreed to assume responsibility for the JROTC program.**American Flag Protocol Initiative:** (Valerie McCarthy): Valerie McCarthy is assuming the chairmanship of the American Protocol Flag initiative. Volunteers wishing to participate please contact Valerie.**Systems Management:** (Brian McCarthy): The need for a better management system to track Scholarship Fund donors was discussed. The Board unanimously approved the funds to purchase Donor Perfect software at \$39 per month. Brian McCarthy will take the lead in setting up the system.**Support Our Troops (SOT):** (Chris White): After a very successful prep for the 2018 Memorial Day Parade, the parade was cancelled as a weather precaution leaving us with about 1000 boxes with time sensitive addresses. The Sarasota County Operations Center took 150 at the first of the month. Root Chiropractic in Lakewood Ranch has asked for 300. The Marine address we have at Camp Shorab is projected active through the summer. Army units are rotating sometime in July. I don't have the next unit addresses yet.**NEXT MEETING:** The Joint Meeting adjourned at 5:56 PM. The next Board Meeting is scheduled for 4:00PM on Monday, August 6, 2018 at the Meadows Community Center.**Dear Members,**

After 12 years as your editor and contributor to the Breeze the time has come for me to retire from the newsletter so that I may concentrate on my duties as the new Florida Council of Chapters president. Peggy O'Connell, a longtime MOAS member, has graciously volunteered to take over as editor of the Breeze.

Please welcome her, and give her your support.

*It has been my pleasure serving you,  
Len Friedlander*

**SUPPORT OUR TROOPS***Christopher White*

After a very successful prep for the 2018 Memorial Day Parade, the parade was cancelled as a weather precaution leaving us with about 1,000 boxes with time sensitive addresses. The Sarasota County Operations Center took 150 at the first of the month. Root Chiropractic in Lakewood Ranch has asked for 300, but we'll start them with 100 and see how quickly they go. Root Has been collecting items to send and found us for the boxes and addresses.

The Marine address we have at Camp Shorab is projected active through the summer. Army units are rotating sometime in July. I don't have the next unit addresses yet.

If anyone would like some boxes for an event or a distribution location, please contact me at: [white.christopher.f@gmail.com](mailto:white.christopher.f@gmail.com)

**Surviving Spouse Corner***Peggy Mock***New Virtual Surviving Spouses MOAA Chapter**

Surviving spouses from across the country connected virtually in a new group that aims to solve problems and shape future legislation. This Virtual Group is open to any surviving spouse of a U.S. uniformed services officer across the country. If you are interested in joining, please send an email to: [mssvc02@gmail.com](mailto:mssvc02@gmail.com). The group plans to hold hour-long virtual meetings every quarter. <http://www.moaa.org/Content/Publications-and-Media/News-Articles/2018-News-Articles/Surviving-Spouses-Launch-New-Virtual-MOAA-Chapter.aspx?list=12884902604&cat=12884901933>

**Widow's Tax**

MOAA recently pushed federal lawmakers to end the "widows tax" on military survivors. The 'Widow's Tax' costs families of fallen service members \$15,000 each year. The tax requires survivors of deceased military members to forfeit part, or all, of the Survivor Benefit Plan annuity when they were awarded VA Dependency and Indemnity Compensation.

We are currently looking for luncheon venues and speakers to address topics of interest to MOAS Surviving Spouses. Additionally, several have expressed interest in day trips and a book club. Anyone interested in assisting please call or email [peggymock@michaelsaunders.com](mailto:peggymock@michaelsaunders.com) or (941)356-3584



## MEMBERSHIP ACTIONS

*George Tracy*

Dear MOAS Members,

Many of our MOAS initiatives, accelerating into this year, have created greater local awareness of the benefits and the value of our MOAA Chapter here in Sarasota to veterans' causes and to community service. We strive to achieve more active, dynamic working relationships with other Sarasota charities and organizations, committed to helping veterans and their families. Our members continue to provide visible, active leadership and support in the Sarasota community, the Florida Council of MOAA Chapters (FCOC) and National MOAA, promoting awareness of military veterans' issues and prompting citizens to actively defend their veterans through effective legislative action in Tallahassee and in Washington!!

But, these opportunities for our leadership are the result of your support, your efforts and your image, attracting more and more veteran military officers, looking for meaningful associations that can make a difference! So, we need to leverage the leadership, motivation and contributions of our MOAS team with renewed dedication to finding and recruiting those veteran officers, your neighbors, who have not yet joined us.

With this newsletter, I am, once again, re-arming each of you, our most important source of new members, with the "Six Good Reasons", that our national organization emphasizes, for joining our chapter. These compelling reasons will, hopefully, inspire and assist your efforts to persuade any military officer - active duty, Guard, Reserve, former, or retired - or a surviving spouse, to join MOAS now!!

**Remember!! Military veterans defend our country, but, who defends our military veterans? Citizens like YOU!! Take Action!!**

- **Make yourself heard!** We provide critical grassroots support for MOAA's national legislative agenda. Veterans' benefits are under attack and MOAA is in the fight to preserve them. Chapter members let their legislators know what's on their minds and open doors for

MOAA's legislative team in Washington, D.C. In these difficult times, MOAA members need to stick together and our chapters are the best way we know to do that.

- **Give back to the community!** We are MOAA's ambassadors in our communities, supporting countless programs that make a difference in the lives of others. These members have gone the extra step to give back in the truest sense of "Never Stop Serving" leadership.

- **Add value to chapter member's lives!** We sponsor interesting programs and opportunities to interact with civic, charity, political, military, and business leaders on issues important to Veterans and their families.

- **Network with fellow officers!** We include second career Veterans in the work force or retired service members, who have contacts in the community that can be valuable to transitioning officers.

- **Stay informed!** Our newsletters, websites, Blog and luncheons & gatherings provide you the latest information on local, state, and national issues and changes to military benefits.

- **Influence state legislation!** We have the Florida Council of Chapters that unites every MOAA chapter in the state. The councils often lobby for and pass state-level legislation that affects military members and their families, such as, exempting military retired pay from state income tax, increasing funding for state-run VA programs and waiving out-of-state tuition fees for veteran students at Florida colleges and universities.

Please accept your challenge to recruit a new member!! We are grateful for whatever effort you can make to extend the welcome of our chapter and of the national MOAA community to every military officer and/or spouse that you encounter.

A hearty welcome to our new members!

**Thank You for your support of MOAS and MOAA!!**

### MEMBERSHIP UPDATES

#### Directory Additions/Changes

**O'Connell, Peggy Mrs.**  
850 S. Tamiami Trail Apt 426  
Sarasota, FL 34236-7845

**Mock, MaryElizabeth**  
maryelizabethmock@gmail.com



## Medic's Tent *Stanley Minken, MD*

## New Research Shows Aspirin Could Prevent Digestive Cancers, Especially in the Elderly

A large-scale study recently found that the long-term use of aspirin may cut the chances of developing digestive cancers almost in half. While these gastrointestinal cancers include several less frequent digestive organs, colorectal cancer is the most common and in the U.S., is the second leading cause of cancer related death. While there are a number of prevention strategies, including leading a healthy lifestyle and having regular screenings, new research has offered additional resources. Recently there have been an increasing number of studies pointing to another prevention strategy, the use of aspirin.

A 2009 international consensus statement said, "Evidence clearly shows a chemopreventive effect for aspirin and other non-steroidal anti-inflammatory drugs on colorectal cancer and probably other cancer types." Also, a recent recommendation statement from the U.S. Preventive Services Task Force recommends low-dose aspirin use for the primary prevention of colorectal cancer in adults aged 50 to 59.

In one recent long term study spanning a ten year period which included 600,000 participants, (average age 67.55), 33% were low dose aspirin users who had been prescribed the drug (80 milligrams/day) for an average duration of 7.7 years with follow-up to 14 years. Incidences of the major gastrointestinal cancers as well as several other types of tumors were evaluated. Long-term use of aspirin showed a 24% to 47% significant reduction on major cancers in the gastrointestinal tract. More specifically, aspirin users were 47% less likely to have liver and esophageal cancer, 38% less likely to have stomach cancer, 34% less likely to have

**Medics Tent Continued on Page 12**



**MOAS Luncheon**  
**Friday, July 20, 2018**  
**Michael's On East**



**MENU**

*SERVED LUNCHEON*

*Signature Bread Basket*

**ENTREE**

*Chicken Cordon Bleu*  
*with Fresh Mozzarella & Italian Ham*  
*Chive Potato Tartlet, Haricot Verts*  
*& Roasted Red Pepper*

*SERVED DESSERT*

*Crème Brulee: Silky Vanilla Bean*  
*Custard & a Thin Burnt Sugar Shell,*  
*Topped with Fresh Berries*

*Served Coffee, Decaf & Tea*

**MOAS LUNCHEON RESERVATION**

For 7/20/2018 at 11:30 AM

**Michael's On East**

DRESS: Casual

Please reserve \_\_\_ seats for the luncheon

**Cost \$28.50/person** (Tax & Gratuity incl.)

Enclosed is a check for \$ \_\_\_\_\_

**MEMBER INFORMATION**

NAME, RANK, SERVICE & PHONE #

**PLEASE CIRCLE, IF APPROPRIATE**

New member or first luncheon attendance? **NEW FIRST**

Is this your Birthday month? **YES** Spouse? **YES**

Are you a surviving spouse member? **YES**

Dietary Restrictions **YES** \_\_\_\_\_

**GUEST INFORMATION**

(Use extra sheet if needed)

1. NAME: \_\_\_\_\_
2. NAME: \_\_\_\_\_
3. NAME: \_\_\_\_\_

Please mail reservation form and check payable to **MOAS to:**

**Elke Scott**

**841 Forestview Court**

**Sarasota FL 34232**

**QUESTIONS?** (941) 379-3023 or entscott41@gmail.com

*Requests for menu changes due to dietary restrictions should be provided at the time of reservation. Please do not contact Michael's on East directly.*

*We must provide the restaurant with an exact number of reservations and guarantee the number of attendees at least 48 hours in advance of event. Additional requests or refunds will not be honored after that time.*

***If you make your reservation with the intent to pay at the door we must hold you to that promise as Michaels on East will charge us for your guaranteed meal, if you attend or not.***



**MEET & GREET**

Sarasota MOAA

**Meet & Greet/Officer's Call**

**Wednesday, July 11th 6:00 - 8:00pm**

Our Officer's Call re-creates the camaraderie we enjoyed at the O' Club when we were on active duty. We'll have a drink, food & swap some stories. Members & prospective members can get to know each other in an informal setting. **We hope you can make the next Meet & Greet**

**@ Marina Jack - Downtown Sarasota**  
**2 Marina Plaza, Sarasota, FL**  
**Palm Room (Ground Floor)**

**NAME TAGS**

Fill out the form below and provide a check for \$15.00 payable to **MOAS** & we will hand deliver a name tag to you at the next luncheon. Please allow 2 weeks for fabrication.

Deliver to Valerie McCarthy at a luncheon or mail to 7429 Starfish Drive, Sarasota, FL 34231.

First Name \_\_\_\_\_ Last name \_\_\_\_\_

Rank (Abbreviated) \_\_\_\_\_ Service \_\_\_\_\_ Status \_\_\_\_\_

**Example**

First Name Henry \_\_\_\_\_ Last name O'Connell \_\_\_\_\_

Rank (Abbreviated) LCDR Service USNR Status Ret



**JULY - AUGUST - SEPTEMBER 2018**



DATE	EVENT	TIME
Jul 11, Wednesday	YAHOO - Pontoon Boat Cruise on Sarasota Bay - Details - Page 8	4:30 p.m.
Jul 11, Wednesday	Meet & Greet - Marina Jack - Sarasota - Details Page 11	6:00 p.m.
Jul 18, Wednesday	YAHOO:Near Offshore Fishing -Gulf of Mexico -Details on Page 8	7:30 a.m.
July 20, Friday	MOAS Luncheon - Michaels on East - Robyn Bell 	11:30 a.m.
Aug 6, Monday	MOAS Board Meeting - Meadows Community Center	4:00 p.m.
Aug 9, Wednesday	Meet & Greet - Marina Jack - Sarasota	6:00 p.m.
Aug 17, Friday	MOAS Luncheon - Michaels on East - So. Florida Museum 	11:30 a.m.
Aug 25, Saturday	YAHOO Baseball - Boston v. Tampa Bay–Details on Page 8	6:00 p.m.
Sep 4, Tuesday	MOAS Board Meeting - Meadows Community Center	4:00 p.m.
Sep 12, Wednesday	Meet & Greet - Marina Jack - Sarasota	6:00 p.m.
Sep 20, Friday	MOAS Luncheon - Michaels on East - MOAA National	11:30 a.m.

**Medics Tent Continued From Page 10**

pancreatic cancer, and 24% less likely to develop colorectal cancer. Some other tumors studied including breast, bladder and kidney showed no positive effect of aspirin use.

**Overview**

After reviewing the results of this large study, investigators have concluded that long-term use of aspirin may be an effective chemo-therapeutic tool to reduce the risk of developing several major types of gastrointestinal cancers. What should be noted is the significance of the results for cancers within the digestive tract, where the reductions in cancer incidence were all very substantial, rather than non- gastrointestinal systems.

While these results are impressive and aspirin is a common and usually benign medication, there are some side effects that can occur. For that reason, medical advice should always be obtained before starting on this or any treatment regimen.

Military Officers Association of Sarasota, Inc. | P.O. Box 1016m Sarasota, FL 34230-1016

**MEMBERSHIP APPLICATION**

Annual Membership Dues:  Regular  Surviving Spouse  Foreign  Allied

*Mail registration with your check for \$35, made payable to MOAS. Postal Newsletter add \$15*

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_ Rank \_\_\_\_\_ Spuse Name \_\_\_\_\_

Street Address (Include Apt#) \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_ Birthday mm/dd/yy \_\_\_\_\_

Status:  Active  Retired  Former Officer  Regular  Reserve  Surviving Spouse  Foreign \_\_\_\_\_ Country \_\_\_\_\_

Sevice Component:  Army  Navy  Air Force  Marine Corps  Coast Guard  NOAA  USPHS  National Guard

Please do not publish my personal informatin in the Directory Who told you about the Association? \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_ National MOAA Member Number \_\_\_\_\_

Revised 4-18